

FAWCO REGION 4 MEETING 2022

GREENSHEET



These environmental tips were created during the Region 4 roundtable sessions when we discussed how we as individuals, FAWCO Clubs and Communities could have a small, medium, and large impact on creating a greener world.

SMALL

Small means personal changes you can make at home, at work and with friends.

	Eat all the edible parts of vegetables – leaves, stems, etc.
	Do not purchase single-use plastic bottles
	Buy local products
	Stop using plastic garbage bags and start reusing your own shopping bags
	Practice zero waste management: assess what you throw away and eliminate as much as you can
	Use shampoo bars
	Reuse plastic containers in a safe manner
	Ride your bike more
	Think about energy efficiency at home in electricity and heating
	Use solar panels
	Hang your laundry – don't use the dryer
	Use the App Too Good To Go Join millions of food waste warriors by downloading Too Good To Go - the world's number 1 app for fighting food waste. Pick up delicious meals and ingredients from local stores.
	Buy an electric car
	Use rolling shopping carts
	Shop at vintage clothing stores
	Wear your clothes longer
	Recycle paper/Agendas/Calendars
	Make new green habits – try using a bullet journal of daily green tasks















MEDIUM

Medium means changes you can make as a FAWCO club, community, or business partnerships.

Suggestion #1 Know Your Members
When you start promoting a Green Team at your club, remember that you need to know your members
Create a Survey or poll to understand local interest
Create doable small challenges that are fun, realistic and can be a group activity
Consider projects that produce a visible impact to promote your club
Do you have a green activist in your club? Engage!
Suggestion #2 Know Your Clubhouse
Consider how your own club handles catering – can you create less food waste?
How does your club recycle paper, drink containers, etc?
Can your club make use of recycled paper products?
Can you reduce energy consumption at your clubhouse?
Expand your audience with more virtual meetings and workshops
Suggestion #3 Know Your Community
Think local – can you partner with companies active in ongoing green initiatives in your city and community?
Consider how your club can act as a green role model for the community
Understanding waste management rules in your community is important. For example, what is recyclable? If not all your members speak the local language, create a waste management tip sheet to help them reduce waste.
Is there a grassroots environment charity that your club can support through a FAWCO Foundation Development Grant?
What apps area available in your community to help members reuse and recycle? Examples given: Freecycle (reuse from landfills), Marktplatz (multipurpose reseller) Vinted (fashion), Sparetoolz (rent power tools)
Organize clean up days with international schools
Partner with the city to start a community garden project
Know the local farmers and producers in your area
Suggestion #4 FAWCO Green Teams Collaboration
Have a representative on the Global Environment team for pick up and share best practices, discuss environmental issues, and initiate actions
Network with other FAWCO member clubs to understand successful green campaigns, activities, and share best practices
Identify possible speakers for your club based on other clubs' selections – or create a multi-club in virtual speaker series about environmental issues
Review the Environment Newsletter for good ideas on carbon offset projects
Don't wait for the next regional to network and share ideas
Suggestion #5 Green Team Activity Ideas
Lunch and Learn sessions on environmental issues
Upcycle: Fashion clothing swaps, clothes donations, event at a small vintage shop
Raise awareness with Environmental Calculators, example footprintcalculator.org
Organize Clean Up Days: beach, canal, streets
Zero Waste workshops: Make an ugly vegetable stew
Set a club challenge: Go veggie for one week and write about your experience
Creativity Workshop: Make something new out of something old
Hold a reforestation fundraiser
Book Recycle projects or Book sales with proceeds going to fund members attending FAWCO meetings
Start a Bloom Club – members gardening together
Hold a Green Campaign: 12 days of Green
Re-wild – bring back native plants to the area to attract birds and bees
Start a beehive
Plan a club excursion to local farmers and shops
Suggestion #6 COMMUNICATE
Add green elements to your club newcomer orientation package
Create a Local Foods orientation workshop for members
Add Green Tips to club communications: Tip of the week or tips of the month

LARGE

Large means global international actions you can make with FAWCO or other international groups.

GLOBAL SUGGESTIONS	
	Use Public/Communal transportation
	Environmental Education & Awareness
	Advocate governments to make better environmental policies
	Identify environment goals that our organizations can achieve
	Collaborate with other women's groups to advocate and raise environmental awareness of government officials
	Start small with green cities
	Use your American-ness to be more assertive
	Use the FAWCO Target Project to raise environmental awareness
GLOBAL ACTIONS	
	Learn about the COP 27: download the app unclimatechangeconference
	Participate in the COP 27
	Raise awareness of FAWCO presence at COP 27
	Educate: encourage participation of women and girls in all environmental discussions
	Include climate change at Model UN sessions
	Identify women in international organizations to discuss key environmental issues